

Safety is... Controlling Exposures for Self and Others

COVID-19 Exposure Control Checklist:

Date _____

Time _____

Location _____

Observer _____

Item	Protected	Exposed
Maintain 6 feet of separation at all times possible.		
Avoid touching your eyes, nose, and mouth with unwashed hands		
Minimize personal interactions to reduce exposure to transmit or receive pathogens.		
Frequent 20-second hand washing with soap and warm water.		
Hand disinfectant available.		
Use alternatives to shaking hands.		
Frequently clean and disinfect common areas. (Meeting rooms, bathrooms, doorknobs, countertops, railings, light switches, etc.)		
Sneeze and/or cough into elbow or use a tissue and immediately discard.		
Conduct meetings via conferencing rather than in person.		
If you are sick stay home.		
If you have been exposed to COVID-19 - self quarantine for precaution and protection of others.		
Provide positive feedback when these steps are followed.		

Comments

Was the feedback well received?

Yes

No